

The First Sunday of Great Lent /

The Sunday of Orthodoxy

4/ 17 March

Resurrection Tropar, Tone 1: When the stone had been sealed by the Jews; / while the soldiers were guarding Thy Most Pure Body; / Thou didst rise on the third day, O Saviour, / granting life to the world. / The Powers of Heaven therefore cried to Thee O Giver of Life: / glory to Thy Resurrection O Christ! / Glory to Thy Kingdom; / Glory to Thy Dispensation, O Thou who lovest mankind.

The First Sunday of Great Lent, Troparion, Tone II : We worship Thy immaculate Image, O Good One, and ask forgiveness of our sins, O Christ God; for of Thy own will Thou wast pleased to ascend the Cross in the flesh, to deliver from slavery to the enemy those whom Thou hadst created. Therefore we thankfully cry to Thee: Thou hast filled all things with joy, O our Saviour, by coming to save the world.

Resurrection Kondak, Tone 1: As God, Thou didst rise from the tomb in glory, / Raising the world with Thyself. / Human nature praises Thee as God, for death has vanished. / Adam exults O Master, Eve rejoices, for she is freed from bondage, and cries to Thee; / Thou art the Giver of Resurrection to all, O Christ.

Kondak First Sunday of Great Lent, Tone 8: The Uncircumscribable Word of the Father was circumscribed when he took flesh of thee, O Theotokos; and when He had restored the defiled image to its ancient state, He suffused it with divine beauty. As for us, confessing our salvation, we record it in deed and word.



Matins Gospel IX

Epistle: St. Paul's Epistle to the Hebrews 11: 24-26, 32 - 12:2

24 By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, 25 choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, 26 esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. ... 32 And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: 33 who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, 34 quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. 35 Women received their dead raised to life again. And others were tortured, not accepting deliverance, that they might obtain a better resurrection. 36 Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. 37 They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented, 38 of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. 39 And all these, having obtained a good testimony through faith, did not receive the promise, 40 God having provided something better for us, that they should not be made perfect apart from us.

Hebrews 12:1 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

WE ARE SURROUNDED BY SO GREAT A CLOUD OF WITNESSES

At all times, indeed, but specially then, when I reflect upon the achievements of the saints, it comes over me to feel despondency concerning my own condition, because we have not even in dreams experienced the things among which those men spent their whole lives, not paying the penalty of sins, but always doing rightly and yet always afflicted .. And having spoken of what befell the apostles (Cf. I Cor. 4:11, II Cor. 11:23-28, 12:7, Phil. 1:12, II Tim. 3:11) ...Elijah suffered the same thing with them (II Kings 1:8) and the Son of Man (Matt. 8:20) ...For God 'has provided some better thing for us.' In order that they might not seem to have the advantage of us from being crowned before us, He appointed one time for crowning for all ...Do you see His tender carefulness?

St. John Chrysostom. Homily XXVIII on Hebrews XI, 1, 2. B#58, pp. 491, 492.

Gospel John 1: 43-51

43 At that time, Jesus would go forth into Galilee, and findeth Philip, and saith unto him, Follow me. 44 Now Philip was from Bethsaida, the city of Andrew and Peter. 45 Philip findeth Nathanael, and saith unto him, We have found him, of whom Moses in the law, and the prophets did write, Jesus of Nazareth, the son of Joseph. 46 And Nathanael said unto him, Can there any good thing come out of Nazareth? Philip saith unto him, Come and see. 47 Jesus saw Nathanael coming to him, and saith of him, Behold, an Israelite indeed, in whom is no guile! 48 Nathanael saith unto him, Whence knowest thou me? Jesus answered and said unto him before that Philip called thee, when thou wast under the fig tree, I saw thee. 49 Nathanael answered and saith unto him, 'Rabbi, thou art the Son of God, thou art the King of Israel. 50 Jesus answered and said unto him, Because I said unto thee, I saw thee under the fig tree, believest thou? thou shalt see greater things than these. 51 And he saith unto him, Verily, verily, I say unto you, Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the Son of man.

THE SUNDAY OF ORTHODOXY

"This is the Apostolic faith, this is the faith of your fathers, this is the Orthodox faith, this is the faith which has consolidated Christendom"

(from the "Order of Orthodoxy")

All our feast days are directly connected with sacred events and persons glorified by God. The present feast, however, is of a different nature. This first Sunday in Lent, dear brothers and sisters, the Holy Church has designated for the celebration of the Triumph of Orthodoxy. This feast is unlike most others in the Orthodox Church, for it grew out of the very heart of our Mother Church, out of her long struggle to defend the true faith.

The Triumph of Orthodoxy was instituted by the Holy Church as a sign that the saving dogmas, i.e., the truths of Christ's teachings, have been received by the Church from the Son of God Himself and His Holy Apostles. Not only have these teachings been preserved unchanged and in all their purity, they have also received the necessary definition and elucidation during the long drawn-out struggle against various heresies and errors.

The last such heresy, whose defeat brought about the definite triumph of Orthodox dogmas, was that of the iconoclastic controversy. The heretics believed it wrong to depict in artistic images the Invisible and Indescribable God. This false interpretation of the veneration of icons led to the expulsion of icons from churches and the destruction of sacred images.

Orthodox defenders of icon veneration have shown from the Holy Scriptures and writings of the Holy Fathers that with the coming of the Lord of Glory in the flesh to the world, the depiction of God and of the history revealing the mystery of our salvation has become not merely possible but essential. The teaching on the veneration of icons and sacred images expresses the dogmatic unity of all Christian dogmatic truths, and has culminated in the present-day celebration of the Triumph of Orthodoxy. Through the decision of the Seven Ecumenical Councils, the Holy Church has enhanced the splendid edifice of Christian dogma, whose firm walls have sheltered the spiritual life of Christians from the winds of heresy.

As understood by the Mother Church herself, the Triumph of Orthodoxy expresses the joyous unity of all Christians in the truths of the holy faith, and the plenitude of communion with Christ through His Church. "Play music and clap your hands," proclaims the feast-day stikheron, "sing aloud with joy: so wondrous and fearful are Your deeds, O Christ! And who can express, O Savior, Your might, which has united the Church through our harmony of mind and concord?" (Apostikha).

What a profound and clear idea lies at the basis of our feast day! Our harmony of mind and common belief in the truths of faith revealed to us by God have united that which has been put asunder, have healed the terrible affliction of division, and have again made whole the Body of Christ, thus ensuring the triumph of the Universal Church.

How is this holy accord and singleness of mind of Christians manifested? In the very holy of holies of the Christian faith: the firm and unwavering faith and conviction in our Lord Jesus Christ as the True and Perfect God and Perfect Man.

Once again our Holy Church is filling the hearts and minds of her children with an awareness of the triumph of ecumenical faith. Each and every heresy is a denial of either the Divine or the Human nature of the Founder of our faith, the God-Man, Jesus Christ. "True faith," says St. Athanasius the Great, "consists in believing and confessing that our Lord Jesus Christ, the Son of God, is the God-Man—God, consubstantial and begotten of the Father in pre-eternity, and Man, born of the substance of the Mother within time. Perfect God and Perfect Man.... This is ecumenical faith. Whosoever will not steadfastly nurture the seed of faith cannot be saved" ("An extensive homily on faith").

Christians, as members of the Church of Christ, must bear witness to the world through their life, deeds and work: "professing salvation by deed, word, and images" (Ikos of the Feastday). Immersing our minds and hearts in the teachings of the Orthodox Church, we must ask ourselves in these days of penance: is our faith firm and well-founded, is our life pleasing to God, and do we have a living communion with the Mother Church through her Sacraments, prayers and teachings?

Thus it is with good reason that the Holy Church in today's Gospel reading has given us the outline of true Christians in the persons of the Holy Apostles Philip and Nathaniel, in whose thoughts there is no cunning, whose words are straightforward, and whose lives and deeds are pure and holy. From the moment they believed in Christ our Savior, they devoted their entire lives to His service.

Thus we too, brothers and sisters, must profess our Orthodox Faith not by acceptance of Christ's teachings alone, but also by leading righteous lives before God. Preserve and embody these few truths of faith revealed to us by God, "imprinting them into your memory like a seal. They will serve you as an invincible wall against slanderers, and will provide a fortress for your soul" (St. Basil the Great, "Homily on Faith"). Thus does the Holy Orthodox Church preach to us in the days of Great Lent, in celebrating the Triumph of Orthodoxy. Amen.

The Living Word

A.G.B

On this day the Church commemorates the final ending of the Iconoclast controversy and the definitive restoration of the holy icons to the churches by the Empress Theodora, acting as Regent for her young son Michael III. This took place on the first Sunday in Lent, 11 March 843. There is, however, not only an historical link between the first Sunday and the restoration of the icons but also a spiritual affinity. If Orthodoxy triumphed in the epoch of the Iconoclast controversy, this was because so many of the faithful were prepared to undergo exile, torture, and even death, for the sake of the truth. The Feast of Orthodoxy is above all a celebration in honour of the martyrs and confessors who struggled and suffered for the faith: hence its appropriateness for the season of Lent, when we are striving to imitate the martyrs by means of our ascetic self-denial. The fixing of the Triumph of Orthodoxy on the first Sunday is therefore much more than the result of some chance historical conjunction.

The Triodion gives the text of a special 'Office of the Triumph of Orthodoxy', which is held at the end of Matins or, more commonly, at the end of the Divine Liturgy on this Sunday. The Office celebrates not only the restoration of the holy icons but, more generally, the victory of the true faith over all heresies and errors. A procession is made with the holy icons, and after this extracts are read from the synodical decree of the Seventh Ecumenical Council (787). Then sixty anathemas are pronounced against various heretics dating from the third to the fourteenth century; 'Eternal Memory' is sung in honour of the emperors, patriarchs and fathers who defended the Orthodox faith; and 'Many Years' is proclaimed in honour of our present rulers and bishops. Unfortunately in many parts of the Orthodox Church today this impressive service has fallen into disuse; elsewhere it is performed in a greatly abbreviated form. Before the Triumph of Orthodoxy came to be celebrated on the first Sunday, there was on this day a commemoration of Moses, Aaron, Samuel, and the prophets. Traces of this more ancient observance can still be seen in the choice of Epistle reading at the Liturgy (Hebrews 11: 24-6, 32-40), and in the Alleluia verse appointed before the Gospel: 'Moses and Aaron among His priests, and Samuel among them that call upon His Name'.

Saints of the Week

4 / 17 March — St James the Faster - lived in the sixth century. He was so perfected in godliness that he was able to heal the gravest illnesses by his prayers. But the enemy of the human race brought a heavy temptation on him. There was once sent to him a woman who had been corrupted by some mockers. She pretended to weep before him, but enticed him to sin. Seeing that he would fall into sin, James put his left hand into the fire and held it there until it was completely burned. Seeing this, the woman was filled with fear and horror, repented and reformed her life. But on a second occasion he did not resist and fell with a young girl whom her parents had brought to him to be healed of her madness. He indeed healed her, but then sinned with her and, in order to conceal the sin, killed her and threw her into a river. As always, the path from lust to murder was not very long. James spent ten years after that as a penitent, living in a grave. He learned after that that God had forgiven him, because, when he at one time prayed for rain in a time of great drought from which both men and cattle were suffering, it fell. Here is an example, similar to that of David, of how wicked the evil demon is; how, by the permission of God, the greatest spiritual giants can topple, and how again, by sincere repentance, God in His compassion will forgive the greatest sins and does not punish those who punish themselves.; Our Holy Father Gerasim.

5 / 18 March — Saint Nikolai, (Velimirovic) of Ochrid - Saint Nikolai was internationally known in the religious literary world. He was born to very religious parents in 1880 in Lelic, Yugoslavia. After finishing high school, he applied to a military academy and was rejected because he did not possess the physical requirements. Small in body but high in spirit, he decided to be a soldier for the Kingdom of Heaven. He applied to a theological seminary in Belgrade, where he was accepted. He graduated from theology in 1902. For a while he was teaching, but as he was an outstanding student, he was sent to enrich his education in France, Switzerland, Germany, England, and sometime later in Russia. He was fascinated by the firm beliefs of the Russian Orthodox people. In 1908, he received his doctorate of theology in Bern. The school year of 1908-09, he spent at Oxford University and earned his doctorate in philosophy. After a serious illness, he decided to serve the Lord who had spared his life. On December 20, 1909, he became a hieromonk in the Rakovica Monastery and put to work his knowledge and ability to serve God and the Serbian people. He lived and worked for God and the Serbian people as well as working in and for the Church, but it was not without serious criticism. From 1915-1919, he lived in America and England where he worked for his church and his government. In 1919, he returned to Serbia and was ordained Bishop of Zica. He worked very hard teaching religion, helping the poor, and opening orphanages. He earned the nickname "Grandpa". He was a zealous reader of the Holy Fathers. In 1941, the Germans arrested him. He was in confinement with Serbian Patriarch Gavrilo in the Ljuboslir Vojlovica Monastery for the greater part of the second world war where he wrote his "Prayer Canon" and a prayer to the Holy Mother of God of Vojlovica. In January 1945, he wrote three prayers which are on the cover of the Gospel in the Serbian Church in Vienna. In September of 1944, Saint Nikolai and Patriarch Gavrilo were taken from Vojlovica to the concentration camp Daxay, where they were subjected to abuse and torture until May 8, 1945, when they were rescued by Americans. Some time later Patriarch Gavrilo returned to Serbia but Nikolai decided to emigrate with one wish: to be buried in his fatherland. He came to

America in 1946. Poor in health, he still had a lot of strength for his missionary and church work. He travelled extensively through America and Canada. He was a zealous writer and good teacher, often being referred to as the "New Chrysostom" because of his eloquence. He left a legacy of work both in English and in Serbian. One of these works is Missionary Letters. He died on the eighteenth of May in 1956 in the Monastery of Saint Tikhon in Pennsylvania and was buried in the Monastery of Saint Sava in Libertyville, Illinois. However his relics has since been translated to his homeland.

Tropar of Saint Nikolai (Tone 4): Thy righteous acts have revealed thee to thy flock as a model of faith, a reflection of humility and a teacher of abstinence, O Holy Father Nikolai; therefore, through humility thou hast obtained exaltation and through poverty, riches; pray to Christ God to save our souls; The Holy Martyr Conon of Isauria; The Holy Martyr Conon the Gardener; Our Holy Father Hesychius the Faster; Our Holy Father Mark the Ascetic; St. Kieran of Saigher, Munster, Ireland (5th-6th c.)

6 / 19 March — The Forty Two Holy Martyrs of Ammoria - these were all generals under the Byzantine Emperor Theophilus. When the Emperor lost the struggle against the Saracens around the town of Ammoria, the Saracens took the town and enslaved many Christians, with these generals among them. The remaining Christians they either killed or sold into slavery, but threw these generals into prison, where they remained for seven years. Moslem leaders came many times, urging them to accept the Mohammedan faith, but the generals refused to do so. When the Saracens told the generals that Mahomet was a true prophet and Christ was not, the generals asked them: 'If two men were to quarrel about a field, with one saying: "It's mine!", and the other saying: "No; it's mine!", and one had many witnesses that it was his field and the other had not a single witness but himself, what would you say—whose field was it?' The Saracens replied: 'His, of course, who had the many witnesses.' 'You have judged right', the generals answered them. 'So it is with Christ and Mahomet. Christ has many witnesses: the ancient prophets, whom you also recognise, from Moses to John the Baptist, witnessed to Him, But Mahomet only witnesses to himself that he is a prophet, and has no other witness.' The Saracens were confounded, but attempted then to defend their faith thus: 'That our faith is better than Christianity is seen in this: that God has given us victory over you, that He gives us the best lands on earth and an empire much greater than the Christian.' To this the generals replied: 'If that were so, then the idol-worship of Egypt and Babylon, and of Greece and Rome, and the fire-worship of Persia, would have been true faiths, for at some time each of these peoples has conquered others and governed them. It is obvious that your victory and power and wealth do not prove the truth of your faith. We know that God sometimes gives victory to Christians, and sometimes leaves them in torture and suffering to correct them and bring them to repentance and cleansing from sin.' After seven years they were beheaded, in 845. Their bodies were cast into the Euphrates, but they floated to the other bank where Christians collected them and gave them burial. Blessed Job; The Holy Martyrs Conon, Father and Son;

St. Fridolin, enlightener of the Upper Rhine - c 540. Born in Ireland, he became a monk at Luxeuil in France. Later he founded the monastery of Sackingen and is venerated as the Apostle of the Upper Rhine in Germany.

Translation of the relics of Saints Cyneswitha and Cyneburga, abbesses of Caistor (Daughter of Pendra of Mercia, a fierce opponent of Christianity. Sister of Saint Cyneburga. Relative of Saint Tibba. Benedictine nun. Abbess at Dormancaster (now Castor) abbey in Northamptonshire, England) and Saint Tibba (Benedictine nun at Dormancaster abbey, Northamptonshire, England), nun of Rynall.

7 / 20 March — The Seven Hieromartyrs of Cherson - Basil, Ephraim, Eugene, Elpidius, Agathodorus, Aetherius and Capito. They were all bishops in Cherson at different times, and all suffered from unbelievers (only Aetherius died peacefully), either Jews or Greeks from Scythia. They had all gone to that savage land as missionaries, sent by the Patriarch of Jerusalem to bring the light of the Gospel there. They were all tortured and suffered for the sake of their Lord. Basil raised the son of a prince of Cherson to life, which embittered the Jews and they brought charges against him. He was bound by the feet and dragged through the streets of the town until he gave up the ghost. Ephraim was beheaded. Eugene, Elpidius and Agathodorus were beaten with rods and stones until they gave their souls into God's hands. Aetherius lived in the time of Constantine the Great, and so he governed the Church in freedom and peace, built a great church in Cherson and died peacefully. When the last of them, Capito, was sent as bishop, the savage Scythians sought a sign of him, that they might believe. And they suggested to him that he go into a burning furnace, and, if he were not burned up, they would believe. With fervent prayer and hope in God, Capito put on his episcopal pallium and, crossing himself, entered the burning furnace, holding his heart and thoughts directed towards God. He stood in the flames for about an hour, and came out untouched, with no scorch-mark either on his body or his clothing. Then all cried out: 'There is one God, the great and powerful God of the Christians, who keeps His servant safe in the burning furnace!', and the whole town and surroundings were baptised. Many spoke of this wonder at the Council of Nicaea (325), and all glorified God and praised the firm faith of St Capito. But Scythian unbelievers caught Capito by the River Dnieper and drowned him. They all suffered around the beginning of the fourth century; Our Holy Father Emilianus;

Saint Eosterwine - 688. A Northumbrian noble, he entered the monastery of Wearmouth with his relative St Benedict. He succeeded St Benedict as abbot. He was celebrated for his gentleness.

8 / 21 March — St Theophylactus, Bishop of Nicomedia - When the emperor's advisor Tarasius, as a layman, was elected Patriarch of Constantinople, then with him and from him, many of his friends, admirers, and others of the laity received the monastic tonsure. Among them was Theophylactus. Tarasius appointed him Bishop of Nicomedia. As a bishop, Theophylactus was a good shepherd to his entrusted flock and proved to be exceptionally filled with compassion toward the less fortunate and indigent. After the death of St. Tarasius, the Patriarchal Throne was occupied by Nicephorus and shortly after that, the Imperial Throne was occupied by Leo the Armenian, who was an Iconoclast and, as such, raised up a absolute storm in the Church of Christ. Even though Iconoclasm had been anathematized by the Seventh Ecumenical Council [Nicaea, 783 A.D.], nevertheless, Emperor Leo re-instated it and by this wanted to supplant Orthodoxy. Saint Theophylactus opposed the emperor to his face and, when the emperor would not yield, Theophylactus said to him, "O emperor, violent injury will unexpectedly befall you, and you will not find anyone who will save you from it." Because of these words and by the order of the emperor, Theophylactus was ousted from his position and banished into exile, where he spent thirty years undergoing

many hardships and insults and, where, in the end, he rendered his soul to the Lord about the year 845 A.D.; The Hieromartyr Theodoretus;

St. Felix of Burgundy, bishop of Dunwich, and enlightener of East Anglia (c.648) - Monk. Priest, In Burgundy he met befriended, converted and baptised King Sigebert who was in exile from East Anglia. England. When Sigebert returned to East Anglia in 630, he invited Felix to bring Christianity to his people. Felix was ordained bishop by Saint Honoratus of Canterbury, and then sailed up the River Kent, apparently starting his work in the area now known as Felixstowe. Evangelized throughout East Anglia, building a cathedral and school at Dunwich, stone churches throughout the region, and the college that became the University of Cambridge. With Saint Sigebert he founded the Bury Saint Edmunds abbey c.637. Worked with Saint Fursey. Spiritual teacher of Saint Audrey.

The anniversary of the repose of Archbishop Vitaly (Maximenko) of Jordanville (1960) - the young Archmandrite Vitaly was assigned by his bishop to the Pochaev Monastery in 1902 as a printer and preacher. He turned the Pochaev print-shop into one of the biggest church printing operations in Russia, having St. Job of Pochaev - a champion of Orthodoxy against the Uniates - as his heavenly patron. His efforts were interrupted by the First World War and the Russian Revolution, however, as the print-shop was plundered by Ukrainian nationalists and the Bolsheviks. In 1924 Vladika Vitaly managed to re-establish the print-shop in Ladomirovo, situated just inside the Czechoslovakian border. In 1944 the brotherhood was forced to move again, this time because of the Second World War. Once again everything was lost, this time to advancing Soviet troops. Archimandrite Vitaly was ordained Bishop and appointed to North America. He asked the monks at the Holy Trinity Monastery in Jordanville to accept him as one of the brethren which they did. He moved the print-shop of St. Job of Pochaev there in 1947, where it operates to this day. He was Abbot of the monastery from 1948 until his repose in 1960. One of the great figures of the Russian Diaspora, Vladika Vitaly was a great printer-missionary and stalwart of Orthodoxy in these times. May his memory be eternal!;

New Martyr Archpriest Michael Edlklinsky - little is known of Father Michael. He was the parish priest of the Church of Sts. Boris & Gleb at Podol in Kiev from at least 1889 until the Revolution. He worked tirelessly for his parishioners. He was especially attentive to the problem of drunkenness, considering it to be the foremost reason for human depravation and spiritual fall. Through his prayers, many were healed from this terrible weakness. He was given much money by others for charitable purposes. He established a parish cafeteria which distributed food for the poor and also an orphanage and a day school for the children of working women. He, his Matushka, and their daughters dressed poorly so as to give everything they could to the poor. Once, when the people began to attack the local Jewish population, he proceeded together with his clergy in full vestments and admonished the rioters, who began to disperse. He had great faith, and prayed fervently with tears. His sermons greatly profited those who heard him, and all who confessed in his presence experienced spiritual joy and peace. He died in a Kiev prison in 1938. There have been many miracles worked through his prayers, both during his life and after his martyrdom. Holy New Hieromartyr Michael, pray for us!

9 / 22 March — The Forty Martyrs of Sebaste - These were all soldiers in the Roman army, but believed firmly in the Lord Jesus. When a persecution arose in the time of Licinius, they were all taken for trial before the commander, who threatened to strip them of their military status. To this one of them, St Candidus, replied: 'Do not take only our military status, but also our bodies; nothing is dearer or of greater honour to us than Christ our God.' Then the commander ordered his servants to stone the holy martyrs to death. But when the servants threw the stones at the Christians, the stones turned back and fell on them themselves, causing them grievous injuries. One stone fell on the commander's face and smashed his teeth. The torturers, in bestial fury, bound the holy martyrs and threw them into a lake, setting a watch all round it to prevent any of them escaping. There was a terrible frost, and the lake froze around the bodies of the martyrs. To make the torture worse, the torturers built and lit baths by the lake, in the sight of the freezing sufferers, with the idea that one of them might deny Christ and acknowledge the idols of Rome. In fact, one of them did abjure, came out of the water and went into the baths. But lo, during the night a strange light appeared from heaven, which heated the water in the lake and the bodies of the martyrs, and with that light there descended from heaven thirty-nine wreaths for their heads. One of the sentries on the shore saw this, confessed the name of Christ and went into the lake to be worthy of the fortieth wreath in place of the traitor. And the fortieth wreath was seen to descend upon him. The next day, the whole town was amazed to see the martyrs still alive. Then the wicked judges commanded that their legs be broken and their bodies thrown into the water, so that the Christians should not be able to find them. On the third day the martyrs appeared to the local bishop, Peter, and told him to search beneath the water and bring out their relics. The bishop went out on a dark night with his clergy, and saw where the martyrs' relics were glowing in the water. Every bone that had been broken off from their bodies rose to the surface and burned there like a candle. They gathered them, and gave them burial, and the souls of these martyrs went to Him who was martyred for us all and rose with glory, the Lord Jesus. They suffered with honour and were crowned with unfading glory in 320. On this day it was a tradition in Russia to make cookies in the shape of swallows which were then arriving with the approaching spring. In our own times Blessed Father Seraphim (Rose), who always baked swallow cookies for the feast, would also make lizard cookies as spring in Platina, where his Monastery of St. Herman of Alaska was situated, brought lizards, and not swallows. Our Holy Father Philoromus the Confessor; St. Caesarius;

St. Bosa, bishop of York - Died 686. Saint Bosa was a Benedictine monk at Whitby, England, under Saint Hilda. In 678, he was consecrated bishop of Deira (the southern half of Northumbria, now Yorkshire) by Saint Theodore, with his see at York, when Saint Wilfrid was driven out by King Egfrid for refusing to accept the division of his see. Wilfrid returned in 686, but Bosa took over the diocese in 691 when Wilfrid was again exiled following a quarrel with King Aldfrid; Bosa ruled it with great holiness and ability until his death. Saint Bede praises Bosa as "a man beloved by God . . . of most unusual merit and sanctity." One of his disciples was Saint Acca, who later followed and succeeded Wilfrid at Hexham.

10 /23 March — The Holy Martyr Codratus of Corinth, and others with him - In a time of persecution of Christians, many of the faithful fled to the mountains and caves. The mother of this Codratus did so. She was pregnant just at that time, and gave birth to Codratus in a forest, dying almost at once. He was kept safe and fed by the providence of God and his guardian angel. Codratus grew up in solitude with nature. He who gave manna from heaven to the Israelites in the wilderness released a sweet dew from a cloud onto the mouth of the child Codratus. When he was twelve years old, he went down to the town, and there some good people took a fancy to him and educated him. He studied medicine and then began to heal the sick, using both natural medicines and, more importantly, the spiritual power and prayer which had been with him from childhood. When a new persecution arose under Decius, Codratus was taken for trial and thrown into prison. Five of his friends stood beside him and confessed the name of Christ. They were: Cyprian, Dionysius, Anectus, Paul and Crescens. They were all dragged through the streets and struck with sticks and stones by the unbelievers, especially by the children, until they arrived at the scaffold. Here the martyrs prayed to God and were beheaded with the sword. A spring of water gushed out onto the earth at the spot, which to this day is called by Codratus's name and commemorates the heroic death for Christ of the holy six. They suffered with honour for the truth in Corinth in the year 250, in the time of the Emperor Decius and his governor Jason. Martyr Codratus of Nicomedia; St. Anastasia, Patrician of Alexandria.

Lenten Synaxarion

The Triumph of Orthodoxy Sunday

**I rejoice when I see
the veneration due the icons
once so ignominiously rejected.**

On this first Sunday of Great Lent, the Sunday of Orthodoxy, the Church of Christ celebrates the restoration of the holy and venerable icons by the Emperor Michael, the holy and blessed Empress Theodora and the Holy Methodius, Patriarch of Constantinople.

Through God's indulgence Leo the Isaurian, a swineherd and keeper of donkeys, inherited the scepter of the kingdom. At that time Saint Germanus was at the helm of the Church. Leo sent for him and said, "Since it seems to me that there is no difference between the holy icons and idols, command that they be removed immediately from among us. Although if they are true likenesses of the saints, let them be hung higher on the walls so that we who are wallowing in sins do not defile them by venerating them." But the Patriarch responded thus to the Emperor's abomination, "O King, we have heard of someone who once raised his hand against the holy icons. He was called Conon. Could you be this man?" The emperor said, "I was so called as a child." And since the Patriarch refused to obey the emperor, he deposed him and installed Anastasius, who sympathized with him. And so at that time began the struggle against the holy icons.

After this Leo Constantine Copronymus became heir to the kingdom as well as to the savage attacks against the holy icons. And what can be said about the number and kind of deeds that lawless man committed except that he came to a most shameful end. His son, whose mother was a Khazar, inherited the kingdom after him, and he also came to a bad end. Irene and Constantine then ascended the throne. At the direction of the holy Patriarch Tarasius they assembled the Seventh Council, and the holy icons were once more accepted by Christ's Church. After they relinquished the kingdom, Nicephorus ascended to the throne. After him there were Stauracius and then Michael Rhangabe, who were both iconodules.

The beast-like Leo the Armenian seized the throne from Michael, and, having been misled by an impious hermit, began the second iconoclasm. And once more the Church was bereft of Her beauty. Michael Amorius succeeded him, whose son Theophilus then for the second time directed this madness against the icons. For it was this Theophilus who gave many of the Holy Fathers over to torments and tortures, seeking the truth about the holy icons and believing whatever he would. "If there be anyone in the city intent on uprising, then he will be caught not long after I am told." And after reigning for 12 years, he was stricken with an intestinal disorder so that he desired to relinquish his life. His mouth opened so wide, that his internal organs were visible.

The empress was so upset at what had happened, that she could barely sleep. And in a dream she beheld the most pure Theotokos holding the pre-eternal Child, surrounded by most luminous angels. They were striking Theophilus her husband and humiliating him. Now when her dream had passed and Theophilus had come to his senses, he cried, "Woe is me in my wretchedness, I am struck for the sake of the holy icons." And immediately the empress held an icon of the Theotokos above him and entreated her with tears. And Theophilus, so inclined, saw that one of the clergy surrounding him had an engolpion, which he grabbed and kissed. Now as soon as his lips touched the icon, and he opened wide his mouth, he returned to normal and was relived of the adversity and affliction and fell asleep, after confessing that it is good to venerate the holy icons. Then the empress, fetching the holy and precious images from her bedchamber, convinced Theophilus to kiss them and venerate them with all his heart. A short while afterwards Theophilus departed this life. Theodora then commanded that all who were in exile and in prison be freed. John was deposed from the patriarchal throne, since he was more a sorcerer and demon worshiper than patriarch. Then Methodius, a confessor of Christ, ascended the throne, having suffered much through having been closed up in a tomb alive.

While he was there, Ioannicius the Great, who was practicing asceticism on Mount Olympus, received a divine visitation. The great faster Arsaacius came to him and said, "God has sent me to you, that we might go to the righteous Isaiah the recluse in Nicomedia and learn from him what God desires and what is fitting for His Church." Now when they came to the venerable Isaiah, he said to them, "Thus saith the Lord: Behold, the end is approaching for the enemies of My image. Go to the empress Theodora and to the Patriarch Methodius and tell them: 'Cease to do what is not holy, and offer sacrifice to Me with the angels by venerating the countenance of My image and of the Cross'." Hearing this they immediately left for Constantinople and announced what had been said to Patriarch Methodius and all God's assembled people. The assembly then went to the empress and found her agreeable in all things, since this was the pious and God-loving tradition of the Fathers. The empress straightway brought out the image of the Theotokos for all to see, and venerating it, she said, "Let all be condemned who do not venerate the images, kissing them in love, not in worship as gods, but as images for the sake of the love of their archetypes. And they rejoiced with great joy. And in response she entreated them to pray for her husband Theophilus. Seeing her faith, they obeyed reluctantly. For Patriarch Methodius among the saints assembled all the people, priests and bishops and proceeded to God's Great Church. Among the assembled were Joannicius the Great from Olympus, Arsaacius, Pancratius and the disciples of Theodore the Studite, and confessors Theophanes and Theodore Graptoi, Michael of the Holy City and Singelus and many others. And they prayed to God for Theophilus in tears all night long.

Now this took place throughout the first week of the Great Fast, with the empress Theodora herself, the women and all the people taking part. Having completed the prayers, the empress Theodora retired at dawn on Friday, and dreamed that she was at the foot of the Cross, and there were several people passing noisily by, wearing various instruments of torture. As she recognized the Emperor Theophilus among those being led with his hands bound behind his back, she followed the group and its guards. When they reached the brass gates, she saw a supernatural vision, a man sitting in front of the image of Christ and Theophilus brought before him. Reaching to touch his feet, the empress prayed for the emperor. He opened his mouth and said, "Great is thy faith, O woman. Know that because of thy tears and thy faith, as well as the prayers and petitions of My servants and My priests, I grant forgiveness to thy husband Theophilus." Then He said to the guards, "Loose him and give him to his wife." And taking him, she departed rejoicing in gladness. And immediately the dream left her.

Now Patriarch Methodius, while the prayers and petitions were being offered for him, had taken a new parchment scroll and written the names of all the heretical emperors, including Theophilus, placing it under the holy altar table. But on Friday he saw a great and terrible angel entering the temple, coming to him and saying, "Thy petition has been heard, O Bishop, and the Emperor Theophilus has received forgiveness. Trouble the Godhead about this no longer." And desiring to ascertain the truth of his vision the Patriarch descended from his place, and taking the parchment and unrolling it, he found (O, the judgments of God!) that all reference to the name of Theophilus has been erased by God.

Upon hearing this, the empress rejoiced greatly and requested the Patriarch to assemble all the people with the holy icons and crosses in the great church, so that might be adorned with the holy icons and God's new miracle could be known by all. And soon when all had gathered in the church holding candles, the empress arrived with her son. And a Litiya was served there with the holy icons and the divine and precious wood of the Cross and with the sacred and divine Gospels. And leaving the church, calling out, "Lord, have mercy," they processed the agreed mile. Then they returned to the church, where Divine Liturgy was celebrated.

When the holy and precious icons were returned to their place, the holy men mentioned earlier and the pious Orthodox rulers were glorified, and those impious people who did not accept the honor of the holy icons were anathematized and condemned. And from that time these holy confessors appointed the annual commemoration of this solemnity, so that we might never again fall into a similar ignominy.

**O unchanging Image of the Father,
through the prayers of Thy holy confessors,
have mercy on us.
Amen.**